MOLECULAR EVOLUTION

Interacting amino acid replacements allow poison frogs to evolve epibatidine resistance

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Animals that wield toxins face self-intoxication. Poison frogs have a diverse arsenal of defensive alkaloids that target the nervous system. Among them is epibatidine, a nicotinic acetylcholine receptor (nAChR) agonist that is lethal at microgram doses. Epibatidine shares a highly conserved binding site with acetylcholine, making it difficult to evolve resistance yet maintain nAChR function. Electrophysiological assays of human and frog nAChR revealed that one amino acid replacement, which evolved three times in poison frogs, decreased epibatidine sensitivity but at a cost of acetylcholine sensitivity. However, receptor functionality was rescued by additional amino acid replacements that differed among poison frog lineages. Our results demonstrate how resistance to agonist toxins can evolve and that such genetic changes propel organisms toward an adaptive peak of chemical defense.

Aquiring chemicals from the environment and recycling them for antipredator defense is a survival strategy that has evolved in nearly every major branch of life (1). Exposure to toxic chemicals may have high physiological costs, but it can also be an opportunity for organisms to capitalize on these substances as new resources. Organisms that accumulate these chemicals risk self-intoxication unless they can resist their own defenses through compartmentalization, metabolic detoxification, or target-site insensitivity—i.e., changes in the molecular target of the toxin that affect its ability to bind (2). Many toxins target evolutionarily conserved proteins such as ion channels, which govern key nervous system functions. Thus, revealing the mechanistic basis of toxin resistance deepens our understanding of protein function and provides insights into nervous system evolution (3, 4). Moreover, the physiology of toxin resistance is a crucial aspect of chemical defense, and characterizing the evolution of resistance might elucidate how and why organisms acquire toxic defenses (5).

Neotropical poison frogs (Dendrobatidae) have independently evolved chemical defenses at least four times (6). The origins of chemical defense are usually accompanied by shifts toward bright coloration, resulting in a complex phenotype or syndrome known as aposematism (6). Theoretically, aposematic and nonaposematic poison frogs represent alternative peaks on an adaptive landscape that arose as a result of disruptive selection that favored more extreme phenotypes over intermediate ones (e.g., conspicuous but not well defended, or defended but not aposematic) (7). The multiple origins of aposematism within dendrobatids suggest that the switch from nonaposematic to aposematic phenotypes is easily attained within this group. Characterizing the evolution of toxin resistance, a key step in this phenotypic transition, may reveal pathways between these adaptive peaks in which toxin resistance facilitates origins of toxin sequestration.

Chemically defended dendrobatids take up from their diet over 500 types of lipophilic alkaloids (8), many of which modulate nervous system function (9). Their effects vary from benign to lethal (10), but most are bitter-tasting and thus generally aversive to predators (11). Epibatidine, one of the best known of these alkaloids, was first isolated from the phantasmal poison frog Epipedobates anthonyi in 1974 (12). Epibatidine has an analgesic effect 200 times that of morphine, yet it targets a specific subset of nicotinic acetylcholine receptors (nAChRs) rather than opioid receptors (13). Because of these qualities, epibatidine has inspired pharmacological innovations, although its toxicity has prohibited its successful development as a pharmaceutical (14).

Toxic animals, including poison frogs, often evolve resistance to their toxins via amino acid replacements in toxin-binding sites (target-site insensitivity) (15, 16). The location of these replacements is constrained by protein function, leading to predictable and convergent mechanisms of resistance (17). For example, resistance to tetrodotoxin (TTX), a Na±1 voltage-gated sodium channel blocker, evolved many times in toxic pufferfish, newts, and snakes that feed on newts via various amino acid replacements at residues in Na±1 proteins that interact with TTX (17–19). Similarly, resistance to cardiac glycosides, which inhibit the sodium-potassium pump, has evolved at least 14 times in toxic insects and amphibians, as well as their predators, via amino acid replacements in the cardiac-glycoside binding site (4, 20).

Evolving epibatidine resistance involves different strategies at the molecular level, as epibatidine is an agonist that shares a binding site with ACh, the endogenous ligand of nAChRs, whereas TTX and cardiac glycosides act on receptors that are not ligand-gated (21, 22). Resistance to epibatidine thus requires decreased sensitivity to epibatidine while preserving sensitivity to the endogenous agonist ACh that interacts with many of the same amino acids all without disrupting the normal receptor function.

Phylogenetic identification of amino acid replacements in the poison frog nAChR

Based on what is known about the toxin and ligand, we hypothesized that epibatidine-bearing frogs would have nAChRs that resist epibatidine yet display normal ACh sensitivity and that the basis of resistance would involve genetic changes in the ligand-binding site. To test this hypothesis, we sequenced genes in poison frogs encoding the primary molecular target of epibatidine in the brain, the ε4β2 nAChR (chrna4 and chrnb2) (23). Epibatidine has been detected in two distinct lineages of dendrobatids, Epipedobates and Ameerega (12), so we predicted two origins of resistance. Consequently, we sequenced these genes from 9 species of these genera, as well as 19 other species of poison frogs, including 8 species of Dendrobatinae (Dendrobates and Phyllobates), a clade of chemically defended poison frogs lacking epibatidine, and 11 nondefended species (table S1) (24). Four sites in the β2 subunit (F106, S108, A110, and N185, numbering of the mature human protein) have unique amino acid replacements in the alkaloid-sequestering dendrobatids Epipedobates, Ameerega, and Dendrobates [subgenus Oophaga sensu (25)] (Fig. 1A), the last of which is known to have epibatidine defenses. These replacements are near the epibatidine-binding site in the α±β interface: between loops A and E and in loop E (Fig. 1, B to E) (21, 22). Each of these replacements involves a single nucleotide change in the first or second codon position (table S2) (24), suggesting non-neutral evolution. Five additional sites in ε4 were found to have amino acid replacements unique to these poison frogs, but only one of these (D176N) was near the epibatidine-binding site (table S3 and fig. S1) (24).

Electrophysiology of amino acid replacements in the poison frog nAChR

The ε4β2 nAChR is a pentameric protein that exhibits two different stoichiometries: a high-ACh sensitivity conformation (HS), (ε4)2(β2)5, and a...
Fig. 1. Amino acid replacements in β2 associated with alkaloid-defended poison frogs. (A) Alignment of dendrobatid (black), nondendrobatid (gray), and outgroup (gray) β2 sequences (table S4). Yellow branches in the phylogeny [adapted from (25)] indicate alkaloid-defended lineages; asterisks indicate clades in which epibatidine has been detected; the unit of the scale bar is the number of expected substitutions per site. Focal species names are in bold and colored by their amino acid replacement pattern. The amino acid replaced only in *Epipedobates* poison frogs is in red (F106L); amino acids replaced only in *Ameerega* are in purple (A110I and I118V); the convergently evolved replacement is in cyan (S108C). Genotypes of clades with replacements are indicated to the left of the alignment (see Table 1). (B and C) Structure of the human (α4)2(β2)3 nAChR (22) (B) from the side and (C) from extracellular space. α4 subunits are in light gray, β2 subunits are in gold, and the ligand-binding sites are indicated by gray spheres. (D and E) Closer view of the binding site from (D) extracellular space and (E) viewpoint indicated by labeled arrow in (C). Amino acid residues identified with gray and gold arrows are known to be involved in ACh and/or epibatidine binding (21, 28, 29). Single-letter abbreviations for the amino acid residues are as follows: A, Ala; C, Cys; D, Asp; E, Glu; F, Phe; G, Gly; H, His; I, Ile; K, Lys; L, Leu; M, Met; N, Asn; P, Pro; Q, Gln; R, Arg; S, Ser; T, Thr; V, Val; W, Trp; and Y, Tyr.
To determine experimentally whether the identified amino acid replacements provide resistance to epibatidine, we used site-directed mutagenesis to introduce poison frog amino acid replacements into human nAChRs. We then co-expressed the wild-type and mutated β2 subunits with human α4 nAChR subunits in Xenopus laevis oocytes and measured acetylcholine and epibatidine concentration-response curves (CRCs) through two-electrode voltage clamp (parameters, results, and statistical analyses from all CRCs are shown in tables S5 to S16) (24). For each subunit combination, we injected different ratios of α4 and β2 transcripts to favor the formation of either HS or LS conformations (24). For brevity, we describe only HS nAChRs in the main text, because we found the same general pattern of channel sensitivity to ACh and epibatidine in both stoichiometries. For LS nAChR results, see fig. S2 and tables S5 to S7 (24). We also performed electrophysiology experiments to investigate whether the one replacement in the α4 subunit near the ligand-binding site (D176N) affected LS nAChR function, but we found no evidence for an effect (figs. S1 and S4 and table S8) (24).

For clarity, we denote all nAChR genotypes with four letters indicating the amino acid residue at each of the four sites of interest (106, 108, 110, and 118) (see Table 1). Bold letters in each genotype indicate amino acid replacements introduced into a transcript via site-directed mutagenesis.

**Human-to-frog mutants**

The *Epipedobates* and *Ameerega* replacement patterns (LCAl and FCVV genotypes) produced by mutagenesis showed ACh CRCs identical to that of the wild-type human FSAI genotype, whereas the subgenus *Oophaga* replacement pattern (FCAI) showed a decrease in sensitivity to ACh (Fig. 2A). All three nAChRs with poison frog amino acid replacement patterns (LCAl, FCVV, and FCAI) were less sensitive to epibatidine than the wild-type receptor (Fig. 2B), indicating that these replacement patterns are sufficient to produce epibatidine-resistant phenotypes (Table 1 and tables S5 to S7) (24). Interestingly, the ACh CRC is biphasic for the *Oophaga* replacement pattern, suggesting that in the human genetic background the S108C replacement may induce assembly of LS nAChRs. Because the LS stoichiometry possesses two kinds of binding sites, application of increasing concentration of ACh results in a biphasic curve that reflects activation of the two HS binding sites at low ACh concentrations and of the single LS binding site at high ACh concentrations (24). Thus, resistance to epibatidine conferred by the S108C replacement incurs a cost of ACh sensitivity in the human β2 subunit.

We then characterized the physiological effect of each individual replacement in poison frogs by generating human α4β2 nAChR transcripts with single amino acid replacements (LSAI, FSVI, and FSAV). As with the S108C replacement, human transcripts with the I118V replacement (FSAV,
derived in *Ameerega* provided moderate resistance to epibatidine at a cost of ACh sensitivity, possibly because this amino acid replacement also induced assembly of LS nAChRs (Fig. 2, C and D, and Table 1). In contrast, human receptors with either F106L (*Epipedobates*) or A110V (*Ameerega*) displayed no change in ACh and epibatidine sensitivity, indicating that these replacements probably do not contribute to epibatidine resistance (Fig. 2, E to H, and Table 1). Instead, these replacements appear to compensate for the decrease in ACh sensitivity incurred by the replacements that provided resistance (Table 1), because human receptors with the LCAI genotype (*Epipedobates*) or the FCVV genotype (*Ameerega*) both showed normal ACh response (Fig. 2, A and B, and Table 1) (24).

**Epipedobates-to-human mutants**

We synthesized and expressed the wild-type *Epipedobates* α4β2 nAChR (LCAI genotype) and a double mutant replicating the plesiomorphic human genotype (FSAI) in Xenopus laevis oocytes and performed electrophysiology assays. The *Epipedobates*-to-human mutant (FSAI) showed greatly increased sensitivity to epibatidine but no change in sensitivity to ACh (Table 1, table S7, and Fig. 2, G and H), indicating that the replacements in *Epipedobates* were necessary for resistance.

To understand the contributions of each replacement when it occurs in the poison frog genetic background, we expressed the single-mutant genotypes FCAI and LSAI in the *Epipedobates* β2 subunit. Whereas S108C incurred a drastic cost in ACh sensitivity in the human genetic background (Fig. 2A; compare FSAI and FCAI), the *Epipedobates*-to-human FCAI mutant demonstrated only a minor (but significant) decrease in sensitivity to ACh (compared to FSAI), suggesting that some other aspects of the poison frog genetic background ameliorate the large cost of this replacement in the human FCAI genotype (Table 1). This difference may be explained by the observation that the S108C replacement in human receptors appeared to induce formation of LS nAChRs (Fig. 2A), which are less sensitive to ACh than HS nAChRs. However, the *Epipedobates* nAChR never appeared to form the LS stoichiometry, even when the injected complementary RNA subunit ratio favored its formation (compare Fig. 2, G and H, to fig. S2, G and H) (24). Little is known about the poison frog α4β2 nAChR, but the apparent absence of the LS stoichiometry in *Epipedobates* (evidenced by the lack of a biphasic, right-shifted curve) lessens the cost of the S108C replacement, and might be related to epibatidine exposure and resistance.

As predicted, the *Epipedobates* FCAI receptor displayed a decrease in sensitivity to epibatidine compared with FSAI (Table 1 and table S7) (24), confirming the role of S108C in epibatidine resistance (Fig. 2, G and H). As with the human-to-frog LSAI receptor, the *Epipedobates*-to-human LSAI receptor affected neither ACh nor epibatidine sensitivities compared with FSAI (Table 1). The LCAI genotype (wild-type in *Epipedobates*) displayed normal responses to ACh and decreased sensitivity to epibatidine (Table 1). Thus, as in the human receptor, C108 provides epibatidine resistance and L106 appears to compensate by normalizing α4β2 receptor function in *Epipedobates* poison frogs.

**Amino acid replacements in poison frog nAChR are proximal to the epibatidine binding site**

We found that amino acid replacements in the poison frog β2 subunit (Fig. 1) alter α4β2 nAChR sensitivity to epibatidine (Fig. 2B). We propose that this is in part due to the proximity of the amino acid replacements to the epibatidine binding site. Namely, the β2C108 residue directly contacts the side chain of α4W156, one of the main determinants in stabilizing epibatidine binding (Fig. 1, D and E) (21, 28). The sulfur-containing side chain of C108 is bulkier than that of serine, and it could modify the epibatidine-W156 interaction. The I118V replacement in *Ameerega*, which also contributes to epibatidine resistance (Fig. 1, D and E), is next to F119, a residue that interacts with the epibatidine chloropyridine ring and stabilizes the epibatidine chloride atom through its backbone carboxyl group. Moreover, the A110V replacement is next to V111, another amino acid residue that interacts with epibatidine via van der Waals forces (21, 28, 29). These replacements are located in β sheets that are involved in epibatidine binding but are less involved in ACh binding (21, 28, 30). The β2’ side of the binding pocket is further from ACh than is the α4’ side and thus forms looser interactions with ACh, such that amino acid replacements in the β’ region that allow changes in epibatidine binding may be less likely to affect ACh sensitivity. This structure-function problem was apparently solved via an identical genetic change three times within poison frogs and refined via different genetic changes at least twice in these lineages.

**Evolutionary pathways toward epibatidine resistance**

Toxin resistance often evolves in response to recurrent exposure to toxins (2, 4, 31, 32); thus, patterns of resistance should reflect the evolutionary history of toxin exposure. The evolutionary patterns of amino acid replacements in the poison frog β2 nAChR subunit suggest that in each of the *Epipedobates*, *Ameerega*, and *Dendrobates* (*Oophaga*) clades (Fig. 1A), an ancestral species was likely exposed to epibatidine, resulting in selection for and evolution of epibatidine resistance about 5, 10, and 8 million years ago.

| Table 1. Effects of amino acid replacements on ligand responses in human and *Epipedobates* high-ACh sensitivity (HS) nAChRs. Relative fold change in sensitivity induced by amino acid replacements was calculated as (mutant EC50/FSAI EC50) for each genetic background [i.e., (mutant)/ (reference); see tables S5 to S7] (24). Values greater than 1 indicate that relatively more ligand is required to elicit the same response; thus, higher values indicate lower sensitivity. ACh assessments for biphasic curves (>1) are qualitative, but both cases result in lowered sensitivity (see tables S5 and S6) (24). *P < 0.01; **P < 0.001 (two-way analysis of variance, corrected for multiple comparisons using Tukey’s test; see tables S9, S11, S13, and S14) (24). |
| Human genetic background | | |
| Genotype | Amino acid replacement(s) | Fold change in EC50 ACh | Fold change in EC50 epibatidine | |
| FSAI | (Wild-type) | Reference | Reference | |
| LCAI | F106L | S108C | 1 | 17** |
| LSAI | F106L | 1 | 1 | |
| FCAI | S108C | >1 | 49** | |
| FCVV | A110V | I118V | 1 | 6** |
| FSNI | A110V | I118V | 1 | 1 | |
| FSAV | I118V | >1 | 75** | |
| Epipedobates genetic background | | |
| Genotype | Amino acid replacement(s) | Fold change in EC50 ACh | Fold change in EC50 epibatidine | |
| FSAI | LI06F | C108S | Reference | Reference | |
| LCAI | (Wild-type) | 1 | 44** | |
| LSAI | C108S | 1 | 1 | |
| FCAI | LI06F | 2* | 138** | |
| FSNI | – | – | – | |
| FSAV | – | – | – | |
respectively (25). Although no clade of poison frogs that has epibatidine defense lacks amino acid replacements in the β2 nACHr, epibatidine has only been detected in 2 of 3 sampled species of Epipedobates, in 12 of 20 sampled species of Ameerega, and in none of 9 sampled species of Dendrobates (Oophaga) (9, 12). It is possible that some populations with epibatidine defense are extinct or have not been detected or that the dietary source of epibatidine, presumed to be an arthropod, is not as available as it was long ago (12). Although epibatidine resistance may have arisen as a side effect of some other change to the protein, mutations in the ligand-binding domain are uncommon (Fig. 1A) and presumably evolve under strong selective pressures. Regardless of the apparent rarity of epibatidine resistance in poison frogs, the epibatidine-resistant phenotype (determined by electrophysiology) does not appear to have been lost in any resistant lineages (Oophaga, Epipedobates, or Ameerega), suggesting that lack of resistance has a high cost, that reversion to a nonresistant phenotype is physiologically difficult, or that maintenance of epibatidine resistance is quite common. In Danainae butterflies, newts, garter snakes, and poison frogs, toxin resistance tends to increase over evolutionary time via additional amino acid replacements that occur in parallel with increased concentrations of chemical defenses (15, 16, 34, 35). It is possible that preadaptive mutations that allow resistance to evolve with little cost are present in these organisms and have not been identified. The presence of such preadaptive mechanisms would imply a shallow, “neutral” valley on the adaptive landscape that facilitates the movement from one adaptive peak to another.

The Epipedobates, Ameerega, and Dendrobates (Oophaga) clades, which are evolutionarily young (6, 36), are an example of rapid and ongoing diversification possibly driven by the evolution of resistance to antipredator toxins (15). We demonstrate that resistance to epibatidine involves finely tuning a highly conserved binding site without disrupting receptor function, providing insights into evolutionary pathways culminating in chemical defenses. Thus, evolution, with millions of years and subjects, can solve complex problems in systems biology that may otherwise seem impossible.

REFERENCES AND NOTES

18. See the supplementary materials.

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SUPPLEMENTARY MATERIALS

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Supplementary Text
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Poison frogs resist their own chemical defense
Poison frogs produce a neurotoxin that protects them from predation. The frogs, however, run the risk of intoxicating themselves. Studying the frog neurotoxin epibatidine, which binds to acetylcholine receptors, Tarvin et al. found a single amino acid substitution. The substitution changes the configuration of the acetylcholine receptor, so that it decreases its sensitivity to the toxin. But acetylcholine signaling is essential for normal life. Expressing frog receptors in human cells revealed that different amino acid substitutions have occurred in different lineages that allow the frog to resist its own toxins while still letting target neurotransmitters function effectively.

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